**‘YOGA DAY’**

Yoga day was observed by Sanskar Vidya Sagar school with full vigor and enthusiasm. All the students from Std. Ix and X and all the teachers including principal Mrs. Hemalatha ma’am took part in celebrating the ‘Yoga day’. All the students and the teachers performed various asanas on the school ground along with the chanting of ‘OM’ .The yoga teacher made everybody aware of the significance of yoga in everybody’s health. The programme came to an end with the prayer-‘Gurur Bramha Gurur Vishnu……..